

Some grow weary of fitness trackers

Amanda Cuda

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3 of 11 PREVIOUS NEXT



Old Greenwich resident Sarah Bamford runs on the treadmill at CLAY Health Club and Spa in Port Chester, N.Y., Thursday, Jan. 22, 2015. Bamford got a FitBit digital fitness tracker for Christmas, used it for a short time and lost interest and motivation to use it since then. Photo: Tyler Sizemore Buy this photo



10 of 11 PREVIOUS NEXT



Sarah I. Bamford @SarahBam82 1h

@fitbit might be collecting dust but at least I'm not, quick workout at my favorite gym! (@ CLAY)

swarmapp.com/c/5JHKYqP9kKf



A screenshot Old Greenwich resident Sarah Bamford's tweet in which she said her FitBit is collecting dust, but at least she isn't. Photo: Contributed Photo